

## Families First/Healthy Families Culpeper consists of three separate programs:

### WELCOME HOME BABY

#### Support and Resource Service

A recent poll indicated that most parents said they wished they had received more support and assistance during their pregnancy and in caring for their newborn. All of us feel the need for guidance when it comes to parenting. Welcome Home Baby is available to provide that extra support to every parent in Culpeper County. We offer free information and referrals related to parenting. As a parent in our community, you may have questions about where to go for:

- Child Care Providers
- Child Development Information
- Parent Support Groups
- Prenatal and Parenting Classes
- AND SO MUCH MORE!



Welcome Home Baby will offer you support in exploring the following:

- **Preparing** for the birth of your child.
- **Understanding** the importance of caring for yourself during pregnancy.
- **Nurturing** the relationship with your baby.
- **Planning** for your family's future.
- **Guiding** your community resources and information to meet your specific needs.

Welcome Home Baby is:

- Free
- Voluntary
- Available to every mother who lives in Culpeper

Welcome Home Baby wants you to know what to anticipate in the upcoming birth of your child, and we want you to feel successful as a new parent.

### HEALTHY STEPS

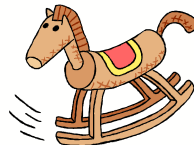
#### Home Visitation Program

Healthy Steps is a program that supports new and expecting parents. We provide support and information that is helpful in raising a healthy child.. Healthy Steps is a free, voluntary and confidential program to Culpeper County families.

**Healthy Steps:**

- Helps parents learn new and fun ways to interact with their baby
- Uses developmental tools to see how baby is growing
- Helps parents develop goals and make them a reality
- Promotes positive parent-child relationships
- Promotes healthy childhood growth and development
- Enhances family problem solving skills
- Provides home visitation for participants who qualify
- Connects families to resources, and provides:
  - Parenting classes
  - Infant massage classes
  - Parent group activities
  - Child development curriculum

Healthy Steps provides a Family Support Coordinator who visits with families to support them and help them learn about their pregnancy, child development, nurturing and bonding, nutrition, safety and other issues related to parenting.



### The P.E.P. Program

#### Parent Education Program

"Parenting Your 1 – 4 Year-Old"

The next classes for 2011 are scheduled for:

March 2, 9, 16

June 1, 8, 15

October 5, 12, 19

December 7, 14, 21

The 3-week session is held from 6:00 – 8:00 pm in the Culpeper Regional Hospital Conference Room.

There will be a \$15.00 charge for a parent handbook

No daycare is provided.

Please call 829-2065 to register, or come and join the first class.



**healthy  
families  
culpeper**

763 Madison Road  
Suite 209  
Culpeper, VA 22701  
(540) 829-2065  
(540) 829-0927 fax

## PARENTING EDUCATION!!



Would you like to learn effective parenting skills for fewer struggles and to improve your child's chance for success? The **Parenting Cooperative Program**\* offers research-based *Positive Parenting* education, especially for parents/caregivers of youth, pre-school-age up to age 12. Through effective communication and greater cooperation, parents/caregivers have the opportunity to strengthen parent-child relations, stimulate healthy youth development, and reduce risky behavior.

Each session covers 12 topics: Discipline Without Punishment, Setting Age-Appropriate Limits, Consequences that Teach, Listening to Understand, Dealing with Anger, Challenging Behaviors, Parenting Tools:

Nurturance/ Prevention & Guidance, Attention & Descriptive Praise, Encouraging Respectful Behavior, Developing Responsibility, Monitoring Tips to Prevent Risky Behaviors, Parenting Siblings: Avoiding Quarreling.

**Class Location:** Reformation Lutheran Church  
509 S. Main Street  
Culpeper, VA 22701

**Dates:** TBA – Each month classes are delivered twice a week for three weeks.

**Time:** Thursday: 6:00 – 8:00pm, and Saturday: 10:00am – 12:00pm

**Cost:** \$110 per Adult.

For more information and to register, email:

[ParentingCooperative@gmail.com](mailto:ParentingCooperative@gmail.com), or call: 540/522-6112.

\*A non-profit Healthy Culpeper "Community Program" & Piedmont United Way "Community Partner."

## REGIONAL ADULT EDUCATION

CULPEPER, MADISON, ORANGE & RAPPAHANNOCK COUNTIES

Many adults who did not complete a high school program of instruction have continued to learn through a variety of experience encountered in everyday life. The purpose of the GED Testing Program is to provide an opportunity for these individuals to have the learning acquired from such educational experiences evaluated and recognized. The GED Tests make it possible for qualified individuals to earn a high school credential, thus providing opportunities for hundreds of thousands of adults to:

- Pursue higher education
- Obtain jobs or job promotions
- Achieve personal goals

### WHAT ARE THE GED TESTS?

The Tests of General Education Development (GED Tests) are internationally recognized. They have been designed to measure major academic skills and knowledge in core content areas that are learned during four years of high school. When an adult passes the 7 ½ hour GED Tests battery, the resulting GED credential certifies that he or she has attained subject matter knowledge and skills associated with high school completion. The GED Tests battery includes the following subject area tests:

- Language Arts, Writing
- Language Arts, Reading
- Social Studies
- Mathematics
- Science

The GED Tests are offered in English and Spanish editions.

Piedmont Regional Adult & Continuing Education Programs

### WE'VE MOVED!

to **Culpeper Annex**

14270 Achievement Dr., Room 200

Culpeper, VA 22701

**(540) 829-9914**

### GED Testing Schedule for 2011

Denise S. Vogt, Chief Examiner

January 13 & 15, 2011

February 10 & 12, 2011

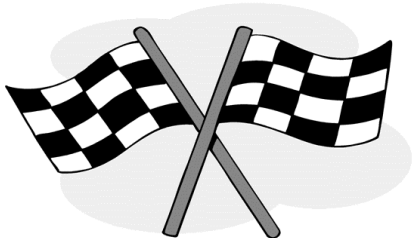
March 10 & 12, 2011

April 14 & 16, 2011

**You need to register 10 days before the test date.**

**Reasonable accommodations are available upon request,  
for individuals who qualify.**

The Culpeper Annex is open to take your GED application Monday – Friday 8:30 A.M.—4:30 P.M. Additionally, we are open late on Monday and Thursday evenings until 8:00 P.M.



Start Your Education  
Start Your Engines for a Better Job



### RACE TO A BETTER JOB

### RACE TO A BETTER FUTURE

**Piedmont Regional Adult Education**  
**(540) 829-9914**

Register for Adult Classes in your area for GED Preparation, or ESOL (English Speakers of Other Languages). Work on your reading, writing and math skills for GED and speaking skills for ESOL.  
Call for information.

Culpeper GED – 5:30 PM – 8:00 PM/Tues. & Thurs.  
Culpeper Annex, Culpeper, VA

Culpeper/Rappahannock ESOL – English As A Second Language  
6:30 PM – 9:00 PM/Tues. & Thurs./Health & Human Resources  
Culpeper, VA & Farmington Elementary ESOL  
6:00 PM-8:30 PM/Tues. & Thurs., Culpeper, VA

Morning ESOL – 9:15 AM – 11:45 AM/Mon. & Wed.  
Virginia Community Bank, Culpeper, VA

Fast Track Class – 5:30 PM – 8:00 PM/Mon. & Wed.  
Culpeper Annex, Culpeper, VA

Literacy Council of Madison GED—9:30 AM– 2:00 Noon/Tues. & Thurs.  
Madison Literacy Council, Madison, VA

Literacy Council of Madison GED – 6:00 PM – 9:00 PM/Mon. & Wed.  
Madison Literacy Council, Madison, VA

Gordonsville GED – 6:30 PM – 9:00 PM/Mon. & Wed.  
Gordon-Barbour Elem. Library, Gordonsville, VA

Head Start ESOL—5:30 PM -7:30 PM/Mon. & Thurs.  
Prospect Heights Annex, Orange, VA

Orange GED – 6:30 PM – 9:00 PM/Mon. & Wed.  
Taylor Educational Administrative Complex, Orange, VA

Orange GED – 9:00 AM -11:30 AM/Tues. & Thurs.  
Orange Presbyterian Church, Orange, VA

Rappahannock GED – 4:30 PM – 6:30 PM/Mon. & Thurs.  
Rappahannock High School, Washington, VA

PIEDMONT REGIONAL ADULT EDUCATION

Culpeper Annex  
14270 Achievement Drive, Room 200  
Culpeper, VA 22701  
Telephone (540) 829-9914

Spring 2011 CONTINUING EDUCATION SCHEDULE

CLASS	DAY	BEG.-END	SESSIONS	TIME	FEE
Beginning Astronomy	TBA/C	TBA	1	8:00 P.M.	FREE
Computers for Seniors	T/C	3/8 - 4/5	5	5:00-7:00 PM	\$80.00
Computers for Seniors	T/C	4/12 5/10	5	5:00-7:00 PM	\$80.00
Introduction to Computers	M/C	3/7 - 4/4	5	5:00-7:00 PM	\$80.00
Introduction to Computers	W/C	4/13 - 5/18	5	6:00-8:00 PM	\$80.00
MS Excel	W/C	3/9 - 4/6	5	7:00-9:00 PM	\$80.00
MS Excel	W/C	4/13 - 5/18	5	7:00-9:00 PM	\$80.00
MS Word I	W/C	3/9-4/6	5	5:00-7:00 PM	\$80.00
MS Word I	W/C	4/13 - 5/18	5	5:00-7:00 PM	\$80.00
Keyboarding	T/C	3/8 - 4/5	5	7:00-9:00PM	\$80.00

ALL CLASSES AT CULPEPER ANNEX 14270 ACHIEVEMENT DRIVE

TUITION REQUIRED IN ADVANCE

Detach and return with payment by  
February 28, 2011

Make check and money order payable to:  
**Orange County School Board**

Piedmont Regional Adult Education  
14270 Achievement Drive, Room 200,  
Culpeper, VA 22701

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Street Name City State Zip Code

Daytime Phone ( ) \_\_\_\_\_ Evening Phone ( ) \_\_\_\_\_

Please enroll me in the following classes:

Class Name	Day (Circle One)	Time	Cost
	Mon./Tues./Wed./Thurs.		
	Mon./Tues./Wed./Thurs.		
	Mon./Tues./Wed./Thurs.		

Method of Payment: M.O. \_\_\_\_\_ Check \_\_\_\_\_ Cash \_\_\_\_\_



# CULPEPER DEPARTMENT OF ANIMAL SERVICES

## NEW SHELTER HOURS

To better serve the citizens of Culpeper County, the Animal Shelter will now be open Wednesday evenings. Shelter hours are:

M-T-T-F: 8:00 a.m. - 5:00 p.m.

**Wed: 11:00 a.m. - 8:00 p.m.**

Sat: 8:00 a.m. - 1:00 p.m.

(Closed Sundays and holidays.)

The Shelter is at 10144 James Monroe Highway (Highway 29 South), on the left just past the Culpeper Fairgrounds. The Shelter telephone number is (540) 547-4477.



Culpeper County Animal Shelter

## Low-Cost Spay & Neuter

Twice per month, the CCDAS takes Shelter cats and dogs, as well as animals owned by Culpeper residents, to the low-cost spay & neuter clinic in Harrisonburg.

Through September 2010, 76 Shelter cats and 19 Shelter dogs have been taken to the Harrisonburg clinic. 218 Privately-owned cats and 140 Privately-owned dogs have also participated. In addition, 24 Shelter dogs and 193 Shelter cats were spayed or neutered at the Shelter's twice-monthly mobile vet clinic visits.

Fees for the low cost clinic are: Female dogs - \$65; Male dogs - \$55; Female cats - \$50; Male cats - \$35. For all dogs that weigh more than 50 pounds there will be an additional charge of \$25.

**NEW FOR 2011, HALF PRICE SPECIALS:** To encourage Culpeper residents to spay and neuter their pets, the Shelter will pay one-half the cost for the following animals: January – all pit bulls/pit bull mixes; February – all cats; March – all pit bulls/pit bull mixes.

Call the Shelter at (540) 547-4477 for information on the schedule, and to reserve a space for your pet!



Kim Siebert  
Animal Control  
Operations Manager

## Animal Control Corner

If your pet is missing, always contact the Shelter immediately to see if your dog or cat has been picked up by Animal Control or found and brought in by a Culpeper resident.

When you call us, we prepare a lost pet report that we keep on file in case we get your pet. It may be helpful for you to come by the Shelter and look at the animals under our care since our idea of a pet's breed or color might not be the same as yours.

It is also a good idea to contact shelters in the surrounding counties as well.

As hunting season approaches please remember to keep an identification tag on your dog at all times.

Friendly Reminder: With cold weather approaching, now is a good time to place some warm bedding such as straw in your dog houses.

## Barn Cat Program

The Friends of the Culpeper Animal Shelter program to find homes for cats that are not suitable as house pets continues to achieve success. Thus far, fifteen Shelter cats have found new homes in barns in Culpeper, Warrenton, and Middleburg.



Barn cats do not live on mice alone.

All cats offered as barn cats are spayed or neutered, are feline leukemia negative, and have received their routine vaccinations, including rabies.

If you need a barn cat, or have a friend who needs a barn cat, call the Shelter at 547-4477 for more information.

## FRIENDS OF THE CULPEPER ANIMAL SHELTER VOLUNTEER FORM

I'm interested in volunteering to help Culpeper's Shelter animals. I would like to (check one):

☐ Foster cats and/or kittens in my home.

☐ Transport cats and kittens to PetSmart stores (must have driver's license and vehicle).

☐ Socialize dogs at the Shelter.

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TELEPHONE: \_\_\_\_\_

*Shelter Employee Spotlight*



Loretta Clatterbuck is the Adoption & Volunteer Coordinator for the Shelter. She has been working with Shelter animals for seven years. Coordinating with rescue groups from as far away as New York, Loretta has kept the dog euthanasia rate below ten percent.

Loretta would like to remind all Culpeper citizens of the importance of having an ID tag on their pets at all times so she can contact you if your pet is brought to the Shelter. Whether or not your pet has an ID tag, if your cat or dog is missing be sure to call the Shelter immediately and file a lost pet report. Each year many animals brought to the Shelter are not reclaimed by owners

because the owners fail to check with the Shelter.

Also, Loretta emphasizes that everyone should spay or neuter their pets to reduce the number of unwanted dogs and cats in the County.

**Friends of the Culpeper Animal Shelter (FOCAS)**  
*A FOCAS “Poster” Cat*



Baby Blue Ready for a New Home

In September a seven year-old male cat was turned in to the Shelter as a stray, although he had lived in a neighborhood and been around people since he was a kitten. The cat had been wounded in the neck, and the wound had become severely abscessed. At one time this cat, although he had a sweet personality, would have been a candidate for immediate euthanasia. However, at the time he was brought in, Dr. Jacobsen

was at the Shelter conducting spay/neuters in her mobile clinic. After consulting with FOCAS and Shelter staff, Dr. Jacobsen tested the cat for leukemia – he was negative – neutered him, and surgically cleaned the abscess. The cat was then taken to the home of a FOCAS volunteer for follow-on treatment and convalescence. We named the cat Baby Blue because of his bright blue eyes, and by the time this edition is in print, he should be in his new home.

*Animal Friendly Tags Help You and Your Shelter*

When you purchase an Animal Friendly license plate, Virginia DMV provides \$15 of the \$25 annual fee to the animal shelter under the DMV’s revenue sharing program.

The Internal Revenue Service has determined that those who purchase Animal Friendly tags may treat the \$15 donated to the shelter as a charitable contribution on their annual income tax returns. Please check with your tax advisor when taking this deduction.

A link to DMV is <http://www.dmv.virginia.gov/exec/vehicle/splates/info.asp?idnm=AFS>

**COMING SOON**  
*Culpeper County Animal Shelter Website*

Look for our link on the County Government home page.

*PetSmart Charities Help Your Shelter*



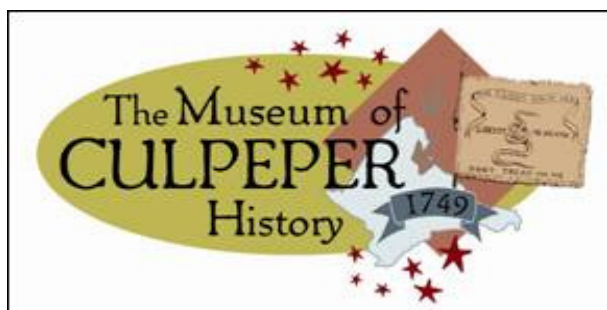
Visit the adoption center at the Culpeper PetSmart

The Friends of the Culpeper Animal Shelter arranges for Shelter cats and kittens to find new homes through adoption centers in the Culpeper and Manassas PetSmart stores. During the first nine months of 2010, PetSmart store centers arranged for the adoption of 329 Shelter cats.

PetSmart Charities provides a donation to the Shelter for each cat adopted at PetSmart stores. This spring, the Shelter received a check for more than \$4000 from PetSmart Charities. The money is used to fund medical treatment and spay/neuter for Shelter animals.

Through September, 115 dogs and 402 cats have been adopted from the Culpeper Shelter and PetSmart stores. This has been a very helpful partnership for FOCAS.





### The Museum of Culpeper History

803 S. Main Street  
Culpeper, Virginia 22701  
540-829-1749

[www.culpepermuseum.com](http://www.culpepermuseum.com)

### Make tracks to The Museum of Culpeper History

The Museum is open daily for self-guided tours, February through December.

In 2011 the Museum will commemorate the sesquicentennial of the American Civil War. Four signature exhibitions will be offered through 2015.

The Museum also displays regional history, from 215 million year-old dinosaurs to modern art.

Town and County residents have free admission.

Private or special tours are available for a small fee and with advance notice.



## CULPEPER LITERACY COUNCIL

**New website!** [www.culpeperliteracy.org](http://www.culpeperliteracy.org)

**New graduates!** *On September 11<sup>th</sup> 2010, CLC held its GED Graduation Ceremony and celebrated nine graduates from the CLC GED Program. Congratulations, graduates!*

**New tutors!** *This fall, Culpeper Literacy Council offered a New Tutor Training Workshop for interested volunteers. Welcome to all our new tutors!*

**New classes!** *CLC now offers an additional GED class on Tuesday and Thursday afternoons, and ESOL classes almost every day of the week!*

**It is an exciting time at Culpeper Literacy Council, and we would love YOU to be a part of it! Contact us today!**

Culpeper Literacy Council provides free classes for adult students who wish to learn English as a second language, obtain a GED and/or improve basic reading and writing skills. One-on-one tutoring is also available.

For more information about our programs and classes or to become a volunteer tutor, please contact us at:

### Culpeper Literacy Council

415 South Main Street  
Suite 204

Culpeper, VA 22701

(540) 825.5804

[www.culpeperliteracy.org](http://www.culpeperliteracy.org)



## ***After School Arts Program*** **Spring Semester 2011**



**FOR WHOM?** Open to any Middle School/High School student residing in Culpeper.

**WHEN?** To Be Announced

**WHERE?** Classes will be held after school at Culpeper Middle School – Tues. or Wed.

**WHAT CLASSES WILL BE OFFERED?** GUITAR, CARTOONING, PAINTING, JEWELRY MAKING, DANCING, CREATIVE WRITING/POETRY, TIE DYING, AND MORE.....

**COST?** \$15.00 donation suggested.

**HOW DO I SIGN UP?** Applications may be obtained at:

Healthy Culpeper web site [www.healthyculpeper.org](http://www.healthyculpeper.org) or at the Healthy Culpeper office, Culpeper County Parks & Recreation, Culpeper Public Library, and Culpeper school offices.

Please return applications to the Healthy Culpeper office at the address below.

**Please contact: Denise Walker at 727-0372; x384** or [dwalker@culpeperhumanservices.org](mailto:dwalker@culpeperhumanservices.org)



219 E. Davis Street—Suite 100  
Culpeper VA 22701  
540-727-0372, Ext. 384  
Fax: 727-0387  
[dwalker@culpeperhumanservices.org](mailto:dwalker@culpeperhumanservices.org)

**Support provided by:** Culpeper Public Schools, Culpeper County Parks & Recreation, Windmore Foundation for the Arts, Wal-Mart, Mid-Day Lions, Clore English Funeral Home, N. Piedmont Community Foundation and other private sources

## **Culpeper Recreation Foundation Inc. Seeks Community Support!**

Culpeper Recreation Foundation Inc. is encouraging the public to attend a fundraiser being held at Fun-N-Beyond located at 15490 Montanus Drive in the industrial park behind Martin's Grocery. Fun-N-Beyond offers a variety of inflatable moon bounces and arcade games. The event will be held on Friday, January 21 from 5pm to 10pm. The fee is \$7 per participant and half will go towards funding the construction of two restroom/concession stands at the Culpeper Sports Complex. All participants must wear socks!

Culpeper Recreation Foundation Inc. is also conducting four Spirit Nights at Chili's 15181 Montanus Drive in Culpeper. The events will be held on Saturdays, February 12, March 26, April 9 and May 7 all day. Please show your spirit by visiting Chili's and present a Chili's flyer so your support will go towards the building of two restroom/concession stands at the Culpeper Sports Complex.



A Fun-N-Beyond consent form and/or a Chili's flyer may be downloaded through the Parks and Recreation web page at [www.CulpeperRecreation.com](http://www.CulpeperRecreation.com). For additional information, please contact the County Parks and Recreation office at 727-3412.





**Virginia Cooperative Extension**  
A partnership of Virginia Tech and Virginia State University  
www.ext.vt.edu



Culpeper County Office  
101 S West Street Culpeper VA 22701  
540/727-3435

## CULPEPER 4-H

Cristy Nibblins, Extension Agent, 4-H Youth Development  
JoAnna Kilby, Program Assistant, 4-H Youth Development

As the New Year begins, 4-H keeps on rolling! Our 4-H new year began in October and we continue full speed ahead with all 4-H programs and activities. Everyone had so much to celebrate at our annual 4-H Achievement Night in November. The members and volunteers of 4-H were recognized for all of their accomplishments and community service throughout the year. With over 200 4-Hers in attendance it was a blast and we are looking forward to all the accomplishments of this year.

The 4-H Fox's Garden resumed just as soon as school began, which was just in time for the pumpkins that were planted. Pre K, Kindergarten and First Grades enjoyed a fun-filled activity outside in the garden where they learned firsthand the stages of growing a pumpkin. The garden was cleaned in late October and is ready for the warmer days of spring to start its magic again. Many great things are yet to come in the 4-H Fox's Garden!

4-H is busy in many of the schools here in Culpeper offering a wide range of curriculums that correlate to the SOL's. Many classes are taking advantage of all 4-H has to offer. Programs have already begun in many classrooms at Yowell, Sycamore, Farmington and more! If you would like to join the fun please contact JoAnna Kilby, 4-H Program Assistant at [jilclark@vt.edu](mailto:jilclark@vt.edu) or at 727-3435, ext. 354.

As winter is upon us we are gearing up for this year **2011 4-H Winter Camp**.



2010 4-H Winter Camp

Last year was a hit, and we will not disappoint this year. The weekend camp is set for February 25-27, 2011, with loads of fun filled events such as karaoke, video production, camp fire, and of course our end of camp dance,. You will not want to miss this year's camp. 4-H Winter Camp is located at NOVA 4-H Center in Front Royal, VA. All boys and girls ages 9-14 are welcome. There is limited space available, so register early. Registrations for camp are assigned on a first-come, first-served basis so register today to get rid of those winter blues.

4-H is gearing up for our annual 4-H Share-The-Fun Talent Show and we are looking for you! Do you find yourself in the mirror holding your hairbrush and belting out the tunes on your favorite CD? I bet that you spend all your time in your parents' garage pounding out the notes of a song on your favorite guitar. Or do you love to perform stand-up comedy or magic acts out of your favorite magic book? If any of these scenarios sound like you, then that is who we are looking for. If you love to sing, whether it is country, pop or rap with or without musical accompaniment - if you enjoy playing any musical instrument - if you enjoy dancing ballet, tap, modern jazz or do gymnastics we want you at this contest. There are 6 performance areas and we know that you will find one that you are just dying to perform. Don't forget that group acts are more than welcome. So get a bunch of your friends together and show off your talents at the 4-H Share-The-Fun Talent Show.

### Performance Areas

**Vocal:** rap, yodeling, pop, etc; a capella or with musical accompaniment (only voice judged)

**Instrumental:** (only instrumental presentation judged)

**Dance:** tap, ballet, interpretive, modern jazz, acrobatic, folk, clogging, etc. (only dance presentation judged)

**Drama:** play or scene from a play, monologue, mime

**Variety:** magic acts, stand-up comics, puppetry, impressionists, ventriloquism, clowning, juggling, circus acts, tumbling, gymnastics, step, lip sync, bird calls, karate

**Combo:** 2 or more of any of above categories, i.e. singing & dancing, singing & playing guitar (judged on all aspects of act)

Bring own equipment (boom box, costumes, and props, etc. No Special Effects (lighting)

This event is open to youth ages 5-19 and group acts are accepted. Maximum number to have in a group act is 4. Registration is coming soon! For more information on this exciting 4-H event please call the Culpeper Extension Office at (540) 727-3435.

You may also contact Cristy Nibblins, Extension Agent, 4-H Youth Development at [Nibblins@vt.edu](mailto:Nibblins@vt.edu) or JoAnna Kilby, Program Assistant, 4-H Youth Development at [jilclark@vt.edu](mailto:jilclark@vt.edu)



### FAMILY NUTRITION PROGRAM

Brenda Watkevich, Program Assistant – Adult FNP  
Georgette Mosley – Youth FNP

#### News from the Culpeper Community Garden:

The Culpeper Community Garden is a cooperative effort including the Virginia Cooperative Extension's Family Nutrition Program, Master Gardeners and the CFC Farm and Home Center.

The garden was started so those without a spot to garden could come and raise their own fresh vegetables free of charge. They are also offered free nutrition and garden information.

The "Culpeper Community Garden" continues to be a great asset to Culpeper residents. In our second season at the CFC Farm and Home Center, many of our gardeners continued to replant their plots through the late fall. The Culpeper Food Closet and the Monday Manna lunch program have benefited from the bounty of fresh vegetables brought there weekly by our garden participants.



Extension (continued)



The gardens thrived using expert advice from the Master Gardeners

Community Gardens—Get a Plot, Tend Your Own Garden

Thirty families along with master gardener volunteers battled the tough growing conditions during the hot rainless summer of 2010. We were delighted to see how productive the garden was in spite of the drought. Many participants took advantage of the gardening tips shown to them by the Master Gardeners regarding water conservation and mulching.

If you or your organization would like information on how you can sign up for a plot at the CFC Farm and Home Center Location or if you would like information on how to start a community garden in your neighborhood please call Family Nutrition Program Assistant Brenda Watkevich at 540-727-3435 x 348.

Managing Your Finances in a Drought Year

Peter Callan ([peter.callan@vt.edu](mailto:peter.callan@vt.edu)), Extension Agent, Farm Business Management

Virginia farmers suffered a devastating drought this past summer. There are several management practices that producers need to accomplish before year end. Communication with your lender is paramount in a drought year.

Your lender is your business partner. I would suggest that you schedule a farm visit with your lender as soon as harvest is completed. The first area that needs to be discussed is the status of all accounts. If there are operating expenses (seed, fertilizer, fuel etc.) and/or a line-of-credit which cannot be paid due to reduced crops yields; I would suggest that you request a loan from your lender to pay these expenses. The supplier of your crop inputs is not a lender. Many of these suppliers charge interest rates of one and half to two percent per month which correlates to annual interest rates of 18-24 percent. Significant interest payments are saved with a bank loan which will have an annual interest rate of 4.5 – 6.5 percent. If roughages (haylage, corn silage and hay) will need to be purchased to feed your herd; I would suggest that you discuss how to pay for roughages with your lender. Sometimes the roughages can be paid for out of the milk check and/or livestock sales. On the other hand, beef and dairy producers may need a loan to pay for purchased roughages. The article “A Simple Management Tool: Breakeven Analysis Should I buy hay or sell cows?” ([http://pubs.ext.vt.edu/news/fbmu/2010/08/article\\_3-fbu\\_08-10.html](http://pubs.ext.vt.edu/news/fbmu/2010/08/article_3-fbu_08-10.html)) discusses the decision-making process that can be used to determine if a producer should buy hay for beef cows or sell the cows.

After discussing potential forage purchases and payment of accounts payable, the producer should talk with the loan officer about machinery which

will need to be replaced in the coming years. Despite limited cash flow due to the drought, the producer may not be able to postpone the replacement of machinery that is worn out. Sometimes repair bills for a piece of equipment are higher than the loan payment for the new equipment. Repairs can cause the increased down time which may impact planting and harvesting of crops on a timely basis. If crops are not planted, sprayed and harvested on time, there may be significant reductions in yields which may reduce net farm income in future years.

Soil testing at the end of the harvest season may result in decreased fertilizer purchases during the next growing season. In drought years, crops may not use all the fertilizer that was spread on the soil due to reduced crop yields. It is likely that there will be a carryover of P and K to the following crop year and this carryover will reduce the amount of fertilizer needed next season. Consequently, fertilizer expenses should be less the coming year assuming that there are not large increases of fertilizer prices prior to the next planting season. Soil testing is free to producers in VA. By soil testing in the fall, the producer will have time to analyze their soil test recommendations and calculate the level of fertilizer and lime inputs needed for next season.

Farmers should then consider the tax, cash flow, and short term debt implications of locking fertilizer costs and fall application of lime using a line-of-credit. But before taking these actions, I strongly encourage producers to contact their financial and tax advisors to help work out the trade-offs of managing cash flow needs, end-of-year sales of crops and livestock, short term debt, and year-end tax management strategies to maximize profits. Remember this needs to be done in November and De-

cember when you will have time to make sales or purchases. Finally, for livestock producers there are tax implications to discuss with your tax advisor if you were forced to sell animals due to the drought.

The federal tax code includes two provisions, sections 1033(e) and 451(e), which may benefit livestock producers who have been forced to sell larger numbers of livestock than normal during 2010 due to the drought conditions across Virginia. These provisions of the tax law allow farmers to either postpone gain by purchasing replacement animals within two years, 1033(e) election, or choose to defer income to the next tax year, 451(e) election. These tax management tools may help to level revenues over time, resulting in a reduced tax liability for the 2010 tax year. The article “Drought Tax Laws May Benefit Livestock Producers in 2010” ([http://pubs.ext.vt.edu/news/fbmu/2010/08/article\\_4-fbu\\_08-10.html](http://pubs.ext.vt.edu/news/fbmu/2010/08/article_4-fbu_08-10.html)) is in the August – September 2010 edition of the Farm Business Management Update. Producers need to keep accurate records of 2010 sales to document the sales of additional animals due to the drought. Producers should consult with their tax professionals to determine if these two provisions would be useful in filing 2010 tax returns.

It is essential for the producer to maintain lines of communication with his loan officer and accountant. Accurate records will enable your accountant to develop tax management strategies which can reduce income tax liabilities due to the drought. In addition, accurate records will enable the producer and loan officer to generate cash flow projections that can be used to repay loans that were incurred due to the drought.

If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in any of the above activities, please contact Virginia Cooperative Extension, Culpeper Office, at 540-727-3435 during business hours of 8:00 a.m. to 5:00 p.m., Monday through Friday, to discuss accommodations one week prior to this event.



## What You Can Do: Put Your Sidewalk and Driveway on a Low Salt Diet

There are many things you, as an individual, can do to keep your driveway and sidewalk safe and ice-free without compromising the health of the environment. From what you buy at the store to how and when you apply it at home, your choices can make a difference.

### What You Can Do

Keeping ice and snow off your driveway and sidewalks is important for safety. The following tips can help you choose the best deicing product for your home and the environment.

- 1. Buy Early.** Make sure to buy your deicing product well before the big storm hits; otherwise, you could be looking at empty shelves and have few, if any, environmental choices to make at the store.
- 2. Check the Label.** The table below provides a summary of the pros and cons of the various main ingredients of common deicing products. Check the package label closely to see what you are buying. Experts recommend using calcium chloride over sodium chloride (rock salt).

Check the Label for	Works Down to:	Cost is:	Environmental Impacts
Calcium Magnesium Acetate (CMA)	22°F to 25°F	20x more than rock salt	(+) Less toxic
Calcium Chloride (CaCl)	-25°F	3x more than rock salt	(+) Can use lower doses; (+) No cyanide; (-) Chloride impact
Urea	20°F to 25°F	5x more than rock salt	(+) Less corrosion; (-) Adds needless nutrients
Sand	No melt- ing effect	~\$3 for a 50 lb. bag	(-) Accumulates in streets and streams
Sodium Chloride (NaCl), aka rock salt	15°F	~\$5 for a 50 lb. bag	(-) Contains cyanide; (-) Chloride impact

- 3. Avoid Kitty Litter and Ashes.** Although these products are environmentally friendly, they aren't very effective. While they provide some traction, they do not melt snow and ice. Also, they tend to get really gooey and messy when it warms up, which often tracks in to the floors of your home. If traction is what you want, then stick with sand, which is much cheaper and easier to sweep up.
- 4. Shovel Early and Often.** When it comes to snow removal, there is no substitute for muscle and elbow grease. Deicers work best when there is only a thin layer of snow or ice that must be melted. Get out the snow shovel and move as much snow as you can during the storm. A flat hoe can also help to scrape ice off the surface before any deicers are applied. Be careful when chopping the ice build-up that you don't damage your sidewalk. Also, be careful when shoveling snow. Snow is heavy and overexertion can lead to heart attacks.
- 5. Know Your Salt Risk Zone.** You wouldn't want to kill your favorite tree, shrub or grass, so check out the plants that grow within five or ten feet of your driveway and sidewalk (and the road, for that matter). The table below summarizes some of the salt sensitive plants that might be at risk. If you have salt-sensitive trees, shrubs or grasses in this zone, you should avoid any deicing product that contains chlorides (rock salt and calcium chloride), or use very small doses. You may want to use CMA as a safer alternative, or stick with sand for traction.

Landscaping Areas	Species at Risk from Salting
Deciduous Trees	Tulip Poplar, Green Ash, Hickory, Red Maple, Sugar Maple
Conifers	Balsam Fir, White Pine, Hemlock, Norway Spruce
Shrubs	Dogwood, Redbud, Hawthorn, Rose Spirea
Grasses	Kentucky Bluegrass, Red Fescue

- 6. Avoid Products that Contain Urea.** Some folks recommend the use of urea as a safer alternative to more common deicing products, arguing that it does not contain chlorides and, as a form of nitrogen, will help fertilize your yard when it washes off. In reality, urea-based deicing products are a poor choice. To begin with, urea is fairly expensive and performs poorly when temperatures drop below 20°F. More importantly, the application rate for urea during a single deicing is ten times greater than that needed to fertilize the same area of your yard. Of course, very little of the urea will actually get to your lawn, but will end up washing into the street and storm drain. Given that nitrogen is a major problem in the Bay, it doesn't make sense to use nitrogen-based products, such as those containing urea, for deicing.
- 7. Apply Salt Early, but Sparingly.** Remember what your Mom may have told you at the dinner table: "A little salt goes a long way." The recommended application rate for rock salt is about a handful per square yard treated (after you have scraped as much ice and snow as possible). Using more salt than this won't speed up the melting process. Even less salt is needed if you are using calcium chloride (about a handful for every three square yards treated - or about the area of a single bed). If you have a choice, pick calcium chloride over sodium chloride. Calcium chloride works at much lower temperatures and is applied at a much lower rate.

### Did You Know?

- Deicers Are Important.** Statistics indicate that eight times more traffic accidents occur before deicers are applied to road surfaces than afterwards. This improvement in road safety is very important, since more than 6 million of us drive to work every day, often spending a considerable amount of time commuting. For example, the EPA estimates that about a third of all commuters in the Chesapeake Bay watershed drive more than 30 minutes each way to work.
- Snow Can Kill.** According to NOAA's National Snow and Ice Data Center, snow is directly or indirectly responsible for hundreds of deaths in the United States each year. The primary snow-related deaths are from traffic accidents, overexertion, shoveling snow, and exposure, but deaths from avalanches have been steadily increasing.
- Snow Is a Good Insulator.** Ten inches of fresh snow is equivalent to a six-inch layer of fiberglass insulation with an R-value of 18.
- Zero Degrees Fahrenheit.** When German Physicist Gabriel Fahrenheit developed the temperature scale that bears his name in 1724, he used equal amounts of sea salt and ice mixed with water to obtain his "zero point." He needed the salt in order to lower the melting point of ice and achieve such a low temperature.
- Pass the Salt, Please.** New Hampshire was the first state to implement a general policy of using salt to deice roads. The policy was adopted during the winter of 1941-42, when a total of only 5,000 tons of salt was spread on highways nationwide (compared to 10 to 20 million tons of salt used today).
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Article available online at: <http://www.stormcenter.com/envirocast/2003-01-01/envirocast-article4.php>

For more information about lawn care, best management practices, reporting pollution, moving dirt and other issues regarding soil and water conservation please contact Stephanie Rose DeNicola, Communications Specialist of Culpeper Soil & Water Conservation District at (540) 825-8591.



Criminal Justice Services FY 2010 Annual Report

by Andrew Lawson, Director

FY 2010 Probation Placements

	FY10	FY09	FY08
General District Court	533	533	551
Juvenile & Domestic Relations Court	134	146	182
Circuit Court	41	32	31
Transfer-In Cases	67	65	49
<b>Total</b>	<b>775</b>	<b>776</b>	<b>813</b>
Average Daily Caseload	258	275	285
Monitor Cases	26	33	31

**83%** of misdemeanor offenders were closed **successfully** as completing all court requirements  
**\$71,573.85** facilitated in court costs and fines  
**\$25,265.63** facilitated in victim restitution  
**13,586 community service hours** completed  
**\$98,498.50** of labor (based on minimum wage)

Demographic Statistics

More often than not the typical person placed with CJS is a white male, approximately 31 years old, is employed and has never been married.

Age:	Average 31	Maximum 71
Gender:	Male 71%	Female 29%
Race:	White 41%	Black 24%
	Hispanic 35%	
Employment:	Employed 71%	Unemployed 29%
Marital Status:	Never Married 58%	Married 26%
	Separated 8%	Divorced 8%

Placement in Services

	FY10	FY09	FY08
Substance Abuse Testing	255	270	254
Substance Abuse Education	26	43	50
Substance Abuse Counseling	43	70	59
Long-Term Inpatient (28+ days)	7	8	9
Short-Term Detox (3-7 days)	3	4	3
Shoplifters' Group	24	42	9
Anger Management	20	20	23
Batterers' Intervention Program	21	36	34
Community Service	482	549	553
Other (DVI/Mental Health/ etc.	142	110	97

Cost/Benefit Analysis

Local Probation Supervision is a far less expensive option than jail. It should be noted that not all offenders are appropriate for CJS placement and CJS is certainly not designed or meant to alleviate the need for a jail. **In FY 2010, it cost the County approximately \$80 a day to incarcerate an inmate in the Culpeper County Jail. During this same time period, it cost \$4.03 a day for CJS to supervise an offender. This is a cost saving to the County of \$75.97 per offender per day.**

**Offenders referred to CJS are allowed to remain in the community under supervision. Rather than filling jails, they work, attend school, receive treatment, and pay taxes, child support, restitution, court costs and fines.**

Litter Pickup Program

CJS began a litter pickup program in July 2006. Offenders are assigned a section of County roadway for their community service.

Offenders completed the following for FY10:

- **26.80 tons of trash picked up**
- (CJS is using an average weight of 17 lbs per bag and **3,153 bags** were picked up)
- **947 miles of roads cleaned**
- **3,066 hours of credit given for Community service**
- **49 tires picked up**

**Since July 2006, a total of 4,944 miles of Culpeper roads were cleaned and 130.09 TONS of trash were removed. That is 278,180 POUNDS of trash!!!**

Culpeper County Criminal Justice Services (CJS) provides local probation supervision to jailable misdemeanor offenders and non-violent felon offenders. Our Mission Statement is as follows: *The Culpeper County Criminal Justice Services Program is committed to developing, establishing and maintaining community-based corrections programs that hold offenders accountable by providing sanctions, services and alternatives to incarceration, while providing leadership and coordination throughout the entire criminal justice system.*



RRMRC Training Schedule for 2011

During 2011 Rappahannock-Rapidan Medical Reserve Corps volunteers will have the opportunity to attend the following classes:

- Orientation and Category A Biologic Agents training – offered quarterly
- Personal and Family Preparedness – offered three times a year
- Incident Command Systems 100/700 Overview – offered three times a year
- CPR/AED – offered twice a year

Do you see any classes that interest you? Do you like to help people? If yes, please consider joining the RRMRC. There is no set amount of time you have to give during a week, month or year. The only requirement is to complete the basic trainings.

The following optional trainings will be offered once each in 2011:

- Re-orientation to Point of Dispensing process
- Personal and Protective Equipment
- Directing Traffic Safely in Parking Lots
- Staff Check-in
- Tabletop exercise
- Epidemiology Refresher course with an exercise
- Bomb Preparedness and Safety

Want to join the RRMRC? Complete the application online at <http://rrmrc.vdh.virginia.gov> or call 540-829-7350 x132 to have an application mailed to you.

Are you ready for snow storms - does your family have an emergency kit? Go to [ready.gov](http://ready.gov) to learn more!



## Commissioner of the Revenue

Terry L. Yowell

### ATTENTION APARTMENT HOUSE OWNERS & SELF SERVICE STORAGE FACILITY OWNERS

Pursuant to the [Code of Virginia](#) §58.1-3901 (A), every person owning or operating any apartment house located in Culpeper shall, on or before February 1 of each year, upon written request of the commissioner of the revenue, file with such commissioner a list giving the name and address of every such tenant renting space as of January 1<sup>st</sup>.

During the 2009 General Assembly session, the [Code of Virginia](#) §58.1-3901 was further expanded to include (C), *Every person owning or operating any self-service storage facility, as defined in § [55-417](#), that makes the outdoor common area of such facility available for storage of tangible personal property (including without limitation motor vehicles, trailers, and watercraft) on a rental or leased basis in the Commonwealth shall, on or before February 1 of each year, upon the written request of the commissioner of the revenue of the county or city in which such self-service storage facility is located, file with such commissioner of the revenue a list giving the name and address of every person renting or leasing space within the outdoor common area of such self-service storage facility as of January 1 preceding.*

The purpose of this legislation is to assist the Commissioner of the Revenue in fairly and equitably assessing local property taxes. In order to verify that all renters/tenants have properly registered their tangible personal property with Culpeper County, letters from the Commissioner of the Revenue’s Office will be mailed the first week of January to all apartment house and self service storage facility owners currently on file. If you own or operate an apartment building or storage facility, and do not receive a letter from this Office, please contact me immediately.

### FILING DEADLINES

There are a number of important filing deadlines coming up for 2011:

Personal Property (new acquisitions and/or disposals as of January 1 <sup>st</sup> )	-	May 1
Business Personal Property and Machinery & Tools	-	May 1
Aircraft and Manufactured Home	-	May 1
Military Leave and Earnings Statement (month of January)	-	May 1
Virginia Income Tax (2010 tax year)	-	May 1
High Mileage (as of January 1 <sup>st</sup> ) documentation	-	May 1
International Fuel Tax Act (IFTA) documentation (all 4 quarters for 2010)	-	May 1
Virginia 2011 Estimated Income Tax quarterly payment vouchers*:		
#1	May 1	
#2 June 15		
#3 September 15		
#4 January 15, 2012		

\*First payment is payable to the Culpeper County Treasurer but is to be delivered/sent to the Commissioner of the Revenue’s Office. Any subsequent payments are payable to the Culpeper County Treasurer and are to be delivered/sent to the Treasurer’s Office.

### PERSONAL PROPERTY - WHO MUST FILE AND WHEN?

Culpeper County is a “File By Exception” locality, which means that annual filings are not required on motor vehicles, motorcycles, campers, boats and trailers unless there is a change in situs (location where property is garaged/docked or parked) or ownership.

The owner must file a new or amended personal property return with the Commissioner of the Revenue’s Office within 60 days of when any of the following events occur:

1. Change in ownership due to purchase, acquisition, sale, trade or disposal.
2. Change in name or address of the person or persons owning or leasing the motor vehicle, motorcycle, camper, boat or trailer.
3. Change in the use of the motor vehicle or motorcycle from personal to business use or vice versa.
4. Any event or occurrence which causes a motor vehicle, motorcycle, camper, boat or trailer to acquire or lose situs of taxation.
5. Any other changes affecting the assessment or levy of personal property tax on the motor vehicle, motorcycle, camper, boat or trailer for which a return was previously filed.

Annual filings are still required on aircraft and mobile/manufactured homes. The annual filing date is May 1 and any returns filed after May 1 will be subject to a late filing fee of \$2.00 or 10% of the tax due, whichever is greater.

Personal Property Returns may be obtained by contacting the Commissioner of the Revenue’s Office or online at [web.culpepercounty.gov](http://web.culpepercounty.gov) and click on the Commissioner of the Revenue page under County Government.

### BUSINESS PERSONAL PROPERTY AND MACHINERY & TOOLS – WHEN TO FILE?

In order to avoid the late filing penalty of 10% of the tax due or \$2.00, whichever is greater, owners of property used in a trade, business or in manufacturing must report property owned as of January 1 to the Commissioner of the Revenue by May 1.

By the end of March, all businesses should receive a Return of Business Personal Property and Machinery & Tools by mail. Returns may also be obtained by contacting the Commissioner of the Revenue or online at [web.culpepercounty.gov](http://web.culpepercounty.gov) and click on the Commissioner of the Revenue page under County Government.

When filing your return, you must include an itemized list of property giving the description, date acquired and the original acquisition cost. A fair and equitable assessment can only be applied if you provide the necessary information to us.

If you need help with this request, please contact me. If you need on site assistance, please contact me. If you need my help in arriving at a fair market value because you no longer have the original acquisition information OR you converted once personal property to use in a trade or business, please contact me. If you are not sure that the good or service you provide is considered acting in a trade or business, please contact me. At any time you have any questions, please contact me.





**Culpeper County Sheriff's Office**  
**Sheriff Jim Branch Jr.**

110 W. Cameron St. Culpeper, Va. 22701  
(540) 727-7520 / [www.culpepersheriffsoffice.com](http://www.culpepersheriffsoffice.com)  
**Emergency** (911)  
**Records Office** (540) 727-3400  
**Crime Tip Line** (540) 727-0300

E-mail the Sheriff: [JBranch@CulpeperCounty.gov](mailto:JBranch@CulpeperCounty.gov)



**Investigators use forensics lab to process digital evidence**

Under the direction of Sheriff Jim Branch Jr. and Capt. Joseph Watson, the Sheriff's Office has acquired more than \$17,000 worth of donated computer equipment from local companies for a computer forensics lab. Most people have contact with a digital device or the Internet during daily activities. The lab gives the Sheriff's Office the technology to properly respond to crimes involving digital evidence in a timely manner. "Companies saw that law enforcement had a need for this technology and they stepped up to the plate," Branch said. "The amount of forensic evidence turning up in cases is growing each year so this equipment is definitely in demand."

**What is computer forensics?**

*Computer forensics is the process of acquiring and scientifically examining data retrieved from computers or other digital devices in such a way that the evidence may be presented in a court of law.*

**What is digital evidence?**

*Information and data of investigative value that is stored on or transmitted by an electronic device.*

Before acquiring the computer and forensic equipment, the Sheriff's Office had no electronic forensics capabilities; all electronic evidence had to be sent out to other agencies. With this equipment in place, evidence can be processed and examined on-site and far more quickly than in the past.

Ultimately, investigators in the Sheriff's Office will be able to offer more timely action for residents who are the victims of digital crimes.

"We're constantly looking for ways to improve our investigative techniques and offer more efficient services for residents," Branch said. "This was definitely a step forward for us in tackling increasingly popular types of crimes."

Electronic devices can be storage containers holding evidence, tools used to commit a crime, bought with proceeds of a crime or stolen goods. Desktop computers, laptop computers, CDs/DVDs, cell phones, digital cameras and portable hard drives all hold digital evidence. Investigators thoroughly scan devices for various types of data, including but not limited to: photos, e-mail records and Internet chats. Computer trespassing, Internet fraud and child pornography cases are all instances in which investigators use the lab to process evidence.

**Have you become physically and/or verbally abusive to your spouse or significant other?**  
**Help is available.**

**Contact Culpeper County Criminal Justice Services at 540-727-3450 for referral to a treatment provider.**

Culpeper County Board of Supervisors

# Culpeper Minutes

A quarterly publication



The Administration Building ♦ 302 North Main Street Culpeper, VA 22701

[dhoffman@culpepercounty.gov](mailto:dhoffman@culpepercounty.gov)

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**AirFest 2010 our Biggest and Busiest yet!**  
These photos taken by **Eron C. Iler**, show some of the action and variety we enjoyed that beautiful October day.  
Please put the AirFest on YOUR calendar for next year—**October 8, 2011!**

Virginia Department of Transportation (VDOT): 540-829-7626 For latest road conditions Call 511  
To report Road Hazards or Snow-Flood Conditions: 800-367-7623 Toll Free